



Havering Well Being Hub

THE WELL-BEING HUB HAS BEEN SET UP FOR
HAVERING COLLEGE STUDENTS IN COLLABORATION
WITH NELFT. NHS TRUST.

[HTTPS://WWW.NELFT.NHS.UK/](https://www.nelft.nhs.uk/)

THE WELL-BEING HUB IS LOCATED IN THE
ARDLEIGH GREEN FAMILY CENTRE OPPOSITE THE
ARDLEIGH GREEN CAMPUS AT THE FOLLOWING
TIMES:

Monday, 15 October – 09:00 – 11:00

Monday, 29 October – 09:00 – 11:00

Monday, 12 November – 09:00 – 11:00

Monday, 26 November – 09:00 – 11:00

Monday, 10 December – 09:00 – 11:00